#### Update -

Life is gradually returning to the new normal and this includes football activity. In order to commence within these new guidelines, the club have carried out the following risk assessment:

The risk in every case is the catching/passing on of COVID 19. The risk from this is High and Serious.

Safeguarding policies regarding the number of players to coaches will be maintained.

These guidelines have been sent to coaches, they are published on the clubs website and on social media

Risk Assessment carried out by:	Andrew Barr	Date:	04/01/2022
Endorsed by:	Kat Burdett	Date:	04/01/2022
Review carried out by:		Date:	
Review endorsed by:		Date:	

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Action	Mitigation	
Children/Parents/Carers turn up having COVID 19	In order to take part in the session the coach must receive a declaration from the parent/carer that their child does not leany of the symptoms used to diagnose that someone may hear COVID 19. They must declare that the child is not supposed be in self isolation or should be, nor have they been asked to self-isolate by the NHS track and trace service. Failure to complete this declaration on each occasion will mean they a unable to take part. These declarations should be kept for 2 days.	
	Further to this a record will be kept of all attendees at training and passed to the club secretary via AirTable. The managers will ensure that they have up to date contact details for everyone. These details will be passed to the NHS track and Trace if required. All parents will be informed that this is mandatory and that the club will pass the information if requested.	
	The club have instructed the coaches to use an 'app' called air table. This app has been modified by the club secretary to record a declaration from the players parents/carer (as above) and allow the main contact to state who will attend the activity. This data will then be collated by the Secretary and deleted after 21 days.	







Further to this, we have put posters containing the QR code registered to the NHS Track and Trace system at the field. This allows people to register that they have been to the field. We will recommend that away supporters/teams use this. However, we have asked the club teams to continue using the app (and optionally the QR code) as it records the must have declarations.

In terms of self-isolation/non-attendance we will mirror the government guidelines –

Parents/Carers/Players and Coaches must self-isolate straight away and get a PCR test (a test that is sent to the lab) on GOV.UK as soon as possible if they have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

you've tested positive for COVID-19 – this means you have the virus

someone you live with has symptoms or tested positive (unless you are not required to self-isolate – check below if this applies to you)

you've been told to self-isolate following contact with someone who tested positive – find out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app

When you do not need to self-isolate If you live with or have been in contact with someone with COVID-19, you will not need to self-isolate if any of the following apply:

you're fully vaccinated – this means 14 days have passed since your final dose of an approved COVID-19 vaccine you're under 18 years and 6 months old you're taking part or have taken part in an approved COVID-19 vaccine trial

you're not able to get vaccinated for medical reasons

However, the club promote a safety-first approach and **if possible**, we would advise parents/carers/players and coaches







	to miss football activity if someone in their household has tested positive.
Travelling to and from training	There are currently no restrictions on method of travel.
Social distancing should be adhered to – Participants	The guidelines allow contact but at the same time suggest that persistent contact should be kept to a minimum. Social distancing guidelines will be adhered to whilst not training and during training where appropriate.
	Coaches will continue to clearly make out socially distanced areas for participants to sit when not training and leave their equipment.
	Goal celebrations should be carried out in a socially distant manner.
	Coaches will avoid designing practices that include unnecessarily long set-up or close marking. Where participants are asked to stand in lines, these lines should be marked out with social distancing in mind.
	The coaches have been told to plan the sessions thoroughly and risk assess every section of every session. Ensuring it is clear how they are going to maintain the distancing, where practical. There will be a record of this plan.
	Coaches have been reminded to comply with these regulations and especially during team talks.
	Signs have been put up at the ground to remind people of the need to socially distance and this information has been put out on Social Media.
Social distancing – Parents/Carers	If parents/carers spectate social distancing guidelines should be maintained.
	Signs have been put up at the ground to remind people of the need to socially distance and this information has been put out on Social Media.
Sharing of equipment	The coaches have been reminded that sharing of equipment should be kept to an absolute minimum. Passing is allowed but touching/throwing should be minimised.







	When the ball goes out of play, it would be best if it were not retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.
Provision of toilet facilities	The toilets are being cleaned now so can be opened.
Hand washing/hygiene	The club will provide access to alcoholic hand gel, and coaches will be advised to wash their hands regularly. Parents/Carers MUST send their children to train with their own clearly marked hand gel, this should be kept with the child's clearly named drink in an area set out by the coach.
	Participants must not spit and should avoid shouting or raising their voices when facing each other, as detailed in The FA Covid-19 Code of Behaviour. Chewing gum during training is prohibited.
Access to drinks	Each child's drink must be clearly named and placed in an area allocated by the coach.
First Aid	All sessions will be attended by at least 1 qualified football first aider. In URGENT matters the first aider will tend to the child taking in all government advice on contact with face covering and gloves a minimum requirement.
	However, in minor incidents (sprains/twists/falls etc) the coach will not go within 2m of the child and the parent/carer will be contacted.
Number of teams taking part in football activity at any one time	In order to minimise the number of people at the field at any one time we have split football activity across the week including some evening sessions. Saturday is the most congested day, but the sessions have been spread out to ensure there are not any peak times in the car park. The teams will distance themselves appropriately around the field.







Hands should be washed at the earliest opportunity and personal equipment should be wiped down with a disinfectant.
Unless necessary, participants should take their kit home and wash it themselves, or by family members.
Everyone should continue to maintain social distancing.
Anyone who becomes infected after training/matches should report this to the NHS test and trace system.





